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## **NON-SCALPEL VASECTOMY**

### **PRE-OP**

STARTING TEN DAYS BEFORE THE PROCEDURE, DO NOT TAKE ANY ASPIRIN OR OTHER ANTI-INFLAMMATORY MEDICATION. THESE THIN OUT THE BLOOD AND INCREASE THE RISK OF BLEEDING. SIMILARLY ONE SHOULD AVOID ALCOHOL FOR 48 HOURS BEFORE AND AFTER THE SURGERY.

SHAVE THE DAY OF SURGERY, INCLUDING THE WHOLE SCROTAL(SAC) AREA WITH ANTI-BACTERIAL SOAP.

ONE HOUR BEFORE THE PROCEDURE TAKE TWO EXTRA STRENGTH TYLENOL.

WEAR LOOSE COMFORTABLE CLOTHING.

BRING THE CONSENT FORM WITH YOU ON THE DAY OF SURGERY, MAKE SURE TO HAVE YOUR SIGNATURE AND YOUR SPOUSE'S SIGNATURE.

## **POST CARE**

STAY OFF YOUR FEET AND REST AS MUCH AS YOU CAN FOR THE FIRST TWO DAYS.  
WEAR SCROTAL SUPPORT FOR 1 WEEK.

USE AN ICE PACK ON YOUR SCROTUM FOR 20 MINUTES EVERY HOUR(EXCEPT WHEN SLEEPING) FOR THE FIRST TWO TO THREE DAYS AFTER YOUR SURGERY. YOU SHOULD REPEAT THE ICING AS OFTEN AS YOU CAN IN THE FIRST WEEK.

YOU MAY SHOWER THE DAY AFTER THE SURGERY, REMOVE BANDAGES AT THIS TIME.

NO SEX FOR 1 WEEK. **A VASECTOMY DOES NOT WORK IMMEDIATELY AND YOU CAN STILL GET YOUR PARTNER PREGNANT!** SPERM SHOULD BE GONE AFTER 20 EJACULATIONS. USE CONDOMS, OR ASK YOUR PARTNER TO USE ANOTHER FAMILY PLANNING METHOD UNTIL THE SPERM COUNT IS REPORTED CLEAR BY TAKING SPERM SAMPLES TO THE LAB.

YOU MAY HAVE A LITTLE PAIN, BRUISING, OR SWELLING WHERE THE WOUND SITE IS, THIS IS NORMAL. WATCH TO BE SURE THAT IT DOES NOT GET WORSE.

TAKE MEDICATION PROVIDED BY THE DOCTOR. BE SURE TO FOLLOW THE INSTRUCTIONS GIVEN TO YOU.

### **CALL DR. KRIEL IF:**

-YOU HAVE A FEVER WITHIN ONE WEEK OF THE SURGERY.

-THERE IS ANY BLEEDING OR PUS FROM THE WOUND.

-THERE IS PAIN OR SWELLING AROUND THE WOUND THAT GETS WORSE OR DOES NOT GO AWAY.

-YOUR PARTNER MISSED A PERIOD OR THINKS SHE IS PREGNANT. THIS IS VERY IMPORTANT. IT MAY MEAN THE SURGERY FAILED AND YOUR PARTNER MAY BE PREGNANT.

## **AUTHORIZATION FOR STERILIZATION**

I UNDERSTAND BEING OF SOUND MIND, REQUEST DR. ADRIAAN KRIEL TO PERFORM A VASECTOMY.

IT HAS BEEN EXPLAINED TO ME THAT THIS OPERATION IS INTENDED TO RESULT IN PERMANENT STERILITY, ALTHOUGH THIS RESULT HAS NOT BEEN GUARANTEED.

I UNDERSTAND THAT A STERILE PERSON IS NOT CAPABLE OF BECOMING A BIOLOGICAL PARENT. I FURTHER UNDERSTAND IT MAY BE POSSIBLE TO REVERSE THE EFFECTS OF THE SURGERY IN SOME CASES.

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PATIENT SIGNATURE

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DATE

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SPOUSE SIGNATURE

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DATE

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PHYSICIAN SIGNATURE

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DATE